



PLEASE PRINT:

Name: _____ Date of Birth: _____

Minor's Name (if applicable): _____

Mailing Address: _____

Phone: _____ Organization/School Name: _____

Email Address: _____

YES, I would like to be on your mailing list. NO, I prefer not to be on your mailing list.

Please explain in a few sentences why you are interested in volunteering with Community Food Bank:

Have you ever been convicted or plead guilty to a crime? The Community Food Bank does not accept violent offenders.

YES NO

If yes, please explain briefly: _____

Is this a requirement for Community Service?

YES NO

Emergency Contact: _____ Phone: _____

Community Food Bank, (CFB) is a non-profit organization dedicated to the collection and distribution of food to those in need. I intend to assist CFB as a volunteer. Volunteer activities may include, but are not limited to food reclamation, sorting or distribution at CFB facilities or off-site activities such as assisting with pantry food distribution or programs. In consideration of participating as a volunteer and in recognition of the nonprofit status of CFB, I hereby agree as follows:

1. I hereby release Community Food Bank and its Board of Directors, officers, directors, or any of its owners, managers, employees, agents, subsidiary, or affiliated companies from, and waive on behalf of myself and my heirs and any minors indicated below, any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of CFB, its Board of Directors, officers, directors or any of its owners, managers, employees, agents, subsidiary or affiliated companies or that may otherwise arise in any way in connection with any voluntary activities with, or for CFB.

2. This Liability Waiver and Release extends to CFB together with all of its Board of Directors, officers, directors or any of its owners, managers, employees, agents, subsidiary or affiliated companies.

3. I assume the risk of any and all dangerous conditions in and about Community Food Ban facilities or in connection with any off-site voluntary activities.

4. IT IS MY INTENTION BY THIS LIABILITY WAIVER AND RELEASE TO EXEMPT Community Food Bank AND ALL OF ITS BOARD OF DIRECTORS, OFFICERS, DIRECTORS OR ANY OF ITS OWNERS, MANAGERS, EMPLOYEES, AGENTS, SUBSIDIARY OR AFFILIATED COMPANIES FROM ALL LIABILITY WHATSOEVER FOR PERSONAL INJURY, PROPERTY DAMAGE, AND WRONGFUL DEATH.

5. This waiver contains the entire agreement between myself and the parties released and their affiliates.

6. This waiver is also given on behalf of the following minor. (One document per minor, please.) (Note: A parent/guardian must sign if this waiver is for a minor.)

7. I give my consent for participating in any videos and photography that may be used by the Community Food Bank in any publicity and/or social media. I release CFB from any liability in connection with the use of such materials.

8. I have read this waiver, understand it, and am signing it voluntarily.

Signature: _____ Date: _____



Policies and Procedures

THANK YOU for choosing to serve your community and volunteer at the Community Food Bank! Please review and initial the following Community Food Bank policies and procedures. Please note that the Community Food Bank reserves the right to revoke any volunteer hours should any of the general policies and procedures be violated.

SAFETY PROCEDURES

WAREHOUSE SAFETY:

Safety is our main priority! Please refrain from engaging in hazardous activities, such as running through the warehouse, riding pallet jacks, or other forms of horseplay.

When lifting heavy objects, use your legs to push upwards, keep your back straight, and your body balanced. Do **NOT** attempt to lift anything unless physically able to do so. Please ask for assistance when needed.

Report all accidents and injuries to warehouse staff.

Power equipment such as forklifts and pallet jacks are in use. The use of cell phones or other electronics devices, texting, IM, twittering, or blogging is not permitted while in the warehouse.

FOOD SAFETY:

Wash your hands before and after handling food items and after using the restroom.

Please use gloves when handling and sorting meat or produce items.

Eating or drinking is permitted only in the breakroom.

Food and other products may not be removed from the warehouse.

Initials: _____

GENERAL POLICIES

Volunteers **MUST** check-in with the Volunteer Coordinator. Please sign-in using the Volunteer Logbook.

Remain in your assigned area unless otherwise told by a staff member.

Community Food Bank will not be held responsible for missing personal belongings. Use a locker or leave valuables in your car.

Sexual harassment, violence, or other offensive behavior or speech will not be tolerated.

No one under the influence of drugs and/or alcohol will be permitted to volunteer.

Initials: _____

DRESS CODE

Please wear comfortable and appropriate clothing. Clothing with inappropriate images or language is not permitted. Jeans and shorts of appropriate length are fine.

Please wear closed-toe shoes. Flip-flops and sandals are not permitted.

Initials: _____

VOLUNTEER ACTIVITIES

Volunteer tasks vary on a day-to-day basis, but generally include lifting items of up to 50 pounds, sorting perishable and non-perishable food items, stocking food pantry shelves, and/or packing grocery bags for families in need. We also have administrative tasks from time to time.

Initials: _____